BERNINA Embroidery Club – March 2024
Cork Notebook Supply List

During this class we will construct a cork notebook that includes reverse applique and we will add embroidery to the inside flap. Students with a Maxi hoop can construct the project "in-the-hoop". Students without a Maxi hoop will be able to embroider the designs and then finish the project via sewing. We will discuss how to adapt designs with your embroidery machine (e.g., overcome a size restriction due to available hoop size) which will allow you to complete a project.

NOTE: If you plan to use a classroom machine, the Maxi hoop does NOT fit on a 590.

Please review this supply list and bring the requested items to class. Regarding fabric, quilter's cotton works best.

Cork:
- Outside cover – 1, 9" x 6.25"
- Inside flaps – 2, 2.5" x 6.25"

Fabric:
- Inside lining – 1, 9" x 6.25" (sample is purple)
- Reverse applique – 1, 4.5" x 6.25" (sample is purple). You should cut this to size after attaching the OeSD Fuse and Fleece (see stabilizer section below) to make sure you do not have shrinkage in the application process.

Stabilizers:
- For inside flap – 1, to hoop in medium hoop. This can be OeSD Ultra Clan and Tear or OeSD Medium Weight Tearaway, your choice.
- For project – 1, hoop in Maxi Hoop (if you have one) or Large Oval/Midi, if you don't. This can be OeSD Ultra Clean and Tear, OeSD Medium Weight Tearaway, or OeSD Polymesh. I used OeSD Polymesh so it did not show in the finished project.
- For applique, 1, 4" x 5.75" OeSD Fuse and Fleece. Attach this piece to the back of the Reverse Applique fabric (4.5" x 6.25"). There should be .25 inch of fabric on all sides.

Isacord Threads:
- Isacord thread to embroider on the inside flap. You will be creating your own "message" (whether it be a name or a short motivation, e.g., Choose Joy). You can coordinate the threads with those you choose for the design on the notebook front, your choice. The space you will have to embroider on the inside flap is a maximum height of 1 7/8" and maximum length of 5 ½". Decide what you want to embroider before coming to class so you have more time to create the project.
- Isacord thread to embroider the cover design. Be creative in your color selection.
  - Cover Placement – sample matches cork
  - Cover Tackdown – sample matches cork
  - Cut Line – Sample is aqua
  - Detail in reverse applique – sample is lavender
  - Inside wings – sample is lavender
  - Butterly Body and Wings – sample is dark purple
  - Outside wings – sample is pale lavender
  - Light detail of leaves – sample is pale blue
  - Dark detail of leaves – sample is aqua
  - Inside lining and flap tackdown – sample is dark purple

Bobbin thread:
- Sereline for embroidery
- Isacord to match thread used to stitch the lining and flaps to the cover (sample is dark purple)

Needle – Embroidery or Microtex 80/12

Hoop – Medium <u>and</u> Maxi or Large Oval/Midi

Embroidery machine – bring your machine, module, cords, foot control, etc. If you are using a classroom machine, bring all parts except machine, module, power cord, and foot control.

Feet - #26 (embroidery). If you do not have a Maxi hoop, bring your favorite sewing foot to complete the project (e.g., 37/57/97 or 20).

Stitch plate – Single-hole 0mm (if you have one) and regular

Other:

Scissors for thread	Tweezers	Rotary cutter
Wonder Clips	Ruler	Pins
Fabric marker or pen	Flash drive	Painter's tape or OeSD version
Scissors to trim cork in reverse applique		Notebook, 4" x 6" or slightly less

Call or email with questions. Wanda Hertzog-Grant, 717-572-6814 (leave a message if I don't answer) or wmhgstitches@gmail.com