

Sewing Instructions

1. Cut fabric to size indicated (see chart). Front and back fold fabric together and cut both at same time.
2. Arm hole template: Keep front and back of dress fabric together. Place arm hole template on right and left sides of (front/back) TOP fabric. Trace around armhole template. Cut out.
3. Sides: Place fabric front and back right sides together and sew together. Use French seam method or serge sides together.
4. Elastic casing area: Press over $\frac{1}{4}$ " fabric. Roll over again $\frac{1}{2}$ " or $\frac{3}{4}$ " depending on the width of elastic being used. Top stitch in casing.
5. Put elastic in casing and bar tack on both sides to secure elastic. This will gather the elastic evenly across the top.
6. Shoulder Ties and Armhole Straps: Used length size needed (see chart). Fold in half and place a pin to mark. Place that pin at armhole seam. This will make the strap even on both sides. Pin bias tape around armhole area to elastic and pin. Keeping cut edge of armhole fabric inside the folded bias tape. PIN, PIN, PIN. Turn raw cut edge of bias tape inside. Start sewing at one end of strap close to edge making sure you are top stitching both sides of the bias tape together. Sew around armhole and other strap, back tacking at end.
7. Hem: Double roll fabric at bottom 1" and top stitch.
8. Pockets: Pockets can be embellished with trims and lace. Place pockets at indicated places on front of dress fabric. Top stitch around 3 sides and anchor or bar tack at top open corners. Use your good judgment for placing pockets, Keep pockets FLAT and straight on dress front.
9. Finished Dress: Tie straps into bows.

Pillowcase Dresses

- Chart for cutting and sewing dresses made from "cotton" fabrics.
- Please do not use white or see-through fabrics
- Elastic for all dress sizes are $\frac{1}{4}$ " or $\frac{1}{2}$ " or $\frac{3}{8}$ " wide
- Straps for bow ties at shoulders and arm hole area
 $\frac{1}{2}$ " wide double folded bias tape
- Pockets: Two pockets on small and medium dresses. **No** pockets on x-small dresses. Pockets are lined and 7" square (finished). Add trims and lace to decorate pockets before sewing on dress

Size	Dress Size	Cut Width	Cut Length	Finished Length	Bias Tape Strap Length	Elastic Length
X-Sm	6M	20"	18"	14"	36"	5"
X-Sm	12m	20"	19"	15"	36"	5"
X-Sm	18m	22"	20"	16"	36"	5"
Small	24m	22"	22"	18"	44"	6"
Small	2	22"	24"	20"	44"	6"
Small	3	22"	25"	21"	44"	6"
Medium	4	22"	26"	22"	44"	6"
Medium	5	22"	28"	24"	48"	7"
Medium	6	22"	29"	25"	48"	7"

