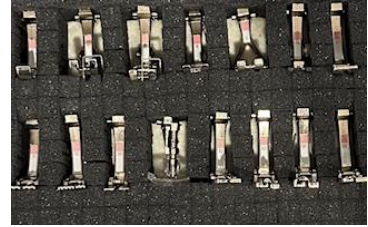


# Feet First: Mastering Bernina's Footwork



## Supply List/Techniques/and Fabric for the entire 6 months:

**Note:** Hinkeltown Sewing Center is extending a special offer exclusively for students enrolled in my 6-month Bernina foot course. Enjoy a 15% discount on feet taught each month. Some feet may have been included in your machine package, while others require a separate purchase!

*(Please note that the picture above does not represent the feet we will be using in class)*

## Fabric and notions:

- January
  - Feet
    - Patchwork Feet #37/37D, #57/57D, #97/97D (Choose one)
    - Edgestitch Foot #10, #10C, #10D (Choose one)
  - Techniques
    - Creating a perfect ¼ inch seam
    - Creating perfect corners using the ¼ inch seam
    - French Seams
    - Tucks
    - Completing a stitch test
    - Edge stitching
  - Notions
    - Patchwork Feet #37/37D, #57,57D, or #97/97C/97D (choose one)
    - #10/10C/10D Edgestitch Foot
    - Scrap fabric 2 (5 x 9 inches)
    - Scrap fabric 1 (10 x 8 inches )
- February
  - Feet
    - Reverse Pattern Foot #1/1C/1D (Choose one)
    - Overlock Foot #2, #2A (Choose one)
  - Techniques
    - Open Stitch Embroidery – single needle and double needle
    - Tube turning
    - Seaming knits

- Decorative Knit Hem
- Notions
  - Sewing machine
  - Reverse Pattern Foot #1/1C/1D (choose one)
  - Overlock Foot #2/2A (choose one)
  - Scrap cotton fabric or more (5 x 9 inches)
  - Scrap Cotton fabric 2 (10 x 8 inches )
  - Scrap Knit fabric 4 or more (4 x 8 inches)
  - Microtex needles and Ball Point needle
- March
  - Feet
    - Open Embroidery Foot #20/20C/20D
    - Embroidery Foot # 6
    - Clear Applique Foot #23 (optional)
    - Clear Foot #34/34C/34D (Choose one)
  - Techniques
    - Satin Stitches
      - Square, Triangle, circle, and moon
    - Cording on a towel
  - Notions
    - Open Embroidery Foot #20/20C/20D (choose one)
    - Open Embroidery Foot #6, Open Embroidery Foot #23 Clear Embroidery Foot #39/39C (Choose one)
    - Scrap cotton fabric 12 (4 x 5 1/2 inches)
    - Scrap cotton fabric 5 or more (10 x 10 inches)
    - Scrap cotton fabric 1 or 2 (8 x 8 inches)
    - Cute cotton fabric to use as an applique on your towel 1 (4 x 24 inches)
      - Light or medium OESD stabilizer – I recommend bringing your roll
      - Ultra Clean and Tear stabilizer – I recommend you bring your roll
      - StitchH20 OESD stabilizer – I recommend bringing your roll
        - Choose one (stabilizer)
          - SoftWeb OESD specialty I recommend you bring your roll
          - Heat n Bond Stabilizer OESD (20 x 20 inches) I recommend you bring your roll
      - Scissors for cutting on paper

- Microtex needles
  - Monofilament thread
  - 12 wt wonderfil thread
  - Bobbin with the same thread color as your decorative thread
  - Very small iron
- April
  - Feet
    - Open Embroidery Foot #20/20C/20D (Choose one)
    - Clear Embroidery Foot #39/39C (Choose one)
  - Techniques
    - Decorative stitches on towels
    - Hot piping
  - Notions
    - Open Embroidery Foot #20/20C/20D (choose one)
    - Open Embroidery Foot #6, Open Embroidery Foot #23 Clear Embroidery Foot #39/39C (Choose one)
    - Kitchen Hand Towel – We will be stitching a decorative design on this hand towel
      - Light or medium OESD stabilizer – I recommend bringing your roll
      - Ultra Clean and Tear stabilizer – I recommend you bring your roll
      - StitchH20 OESD stabilizer – I recommend bringing your roll
      - Scissors for cutting on paper
    - Hot Piping
      -
    - Microtex needles
    - Bobbin with the same thread color as your decorative thread
- May
  - Feet
    - Lap Seam Feet #70
    - Lap Seam Feet #71
  - Techniques
    - Flat felled seams
    - Binding
  - Fabric and notions
    - Jean fabric 10 x 10 inch or close to this size. It does not need to be exact. Scraps will work
    - Canvas 10 x 10 inch

- Cotton 10 x 10 inch
  - Jean needle
  - 505 spray
- June
  - Feet
    - Cording Feet #25
  - Techniques
    - Flat cording
    - Entredeux
  - Notions
    - Scrap fabric pieces 10 (2 x 12 inches) for each student
    - Scrap fabric pieces 5 (1 x 12 inches)
    - Scrap fabric 5 (12 x 12 inches)
    - Rulers
      - Add-a-quarter
      - 6 X 12 inch ruler
    - Markers
    - Terial Magic or Best Press (I find that the Terial Magic does a better job for this project)
    - Thread (choose 5 of the decorative threads to use for the decorative stitches)
      - Dazzle by Wonderfil
      - Razzle by Wonderfil
      - 12wt thread
      - Thread that blends in with your decorative stitches
      - Bobbin that blends in with your decorative stitches

### **Other Supplies:**

Bring every month:

Sewing machine and all gadgets to make it work. 😊

Stabilizer: Medium tear away – I recommend you bring the roll every month

Variety thread colors – I recommend Isacord or Mettler

Temporary Markers – I like using an air marker

Thread snips

Fabric scissors

Rotary cutter

Seam ripper

Needles: Microtex 80/12

Thread: 50wt cotton or polyester. Your preference. Any color you have handy.

Machine Manual

Small and large ruler

Straight pins

Paper for taking notes

Tweezers

Black Bobbin:

- Extra blank bobbin. We will fill this in at the time of class.
- Filled with Seralene bobbin thread.

Bernina Sewing Machine – Bring your machine, cords, foot control, etc.

Stitch plate: 9mm and or 5.5mm

**Optional Material:**

- The Big Book of Feet: A Guide to Bernina Presser Feet and Accessories (If Available)
- The Big Book of Stitches: The Bernina Guide to Sewing Machine Stitches
- Optional purchase: *Piping Hot Binding by Susan K Cleveland (This book includes her ruler)*

For optimal participation and learning experience, students are encouraged to bring along a copy of ‘The Big Book of Feet: A Guide to Bernina Presser Feet and Accessories,’ and/or ‘The Big Book of Stitches: The Bernina Guide to Sewing Machine Stitches,’ should they already possess them. This will facilitate following along with the lessons and allow for comprehensive note-taking during class sessions.

*Please note these books are completely optional and are not needed to participate in this class.*

*If you have any questions please contact*

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